

Dear Members,

Warm greetings.

We are celebrating the Terra Madre Day on the 10th of December 2010, Time - 11.30am, Venue - **Ms.Nina Reddy's Residence (No.9, River View Road, Kottur Puram, Chennai - 600085)** . Please go throught the write up and register to **Sujata @ 98412 88631** or **Rathi @ 98410 73060**.

Thank you
The Duchess Team

TERRA MADRE DAY

Its time to slow down folks, to share, nurture and be nurtured. Time to enjoy the smaller pleasures of life - to come together and celebrate the community spirit and traditional wisdom that we are rooted in. Time to give back to Terra Madre, our Mother Earth for all that she has given us.

**Priya
&
The Duchess Club
present
The Traditional Connect
(celebrating Terra Madre Day)**

Slow Food was founded in 1989 to counteract fast food & fast life. Millions of people across the globe are now part of the Slow Movement. Slow food is celebrating the Terra Madre Day on December 10, 2010 this year. It's time we did our bit too. Eating together and eating traditional foods is one way we can add to this global movement. So let us celebrate the Terra Madre day with a pot luck lunch & contest which all of us can enjoy together.

Here are some guidelines:

1. Prepare and bring along with you at least one traditional vegetarian dish for 8-10 persons. You can bring as many dishes as you like. And try to serve them in traditional utensils/crockery.

2. You can bring dishes in the following categories:
Sweets | Starters | Salads | Rotis | Side dishes | Dals | Rice dishes | Crispies & Papads | Pickles

3. The dish must contain at least one organic ingredient or one traditional method (for instance, pulav with organic rice, sambar with home made masala, chutney ground on stone rather than mixer are some examples).

4. Just bring the ready dishes without expecting to heat or cool them at the venue.

5. Announce your participation by posting a comment on any of the following links between Dec 1 & Dec 4, 2010. State 1) your full name 2) that you are a duchess member 3) name of your dish:
 - § Facebook users, click [here](#).
 - § Non-facebook users, click [here](#).
 - § You will receive a confirmation email within 24 hours.

7. As part of documenting culinary traditions, you are welcome to send us the RECIPE of your prepared dish/es. Mention which aspect of point 3) you have incorporated in your preparation. The best recipes will win a prize based on how well they are written. Title it as 'RECIPE'.

8. We also welcome you to write a NOTE with a paragraph or two about why this recipe is special to you. Mention which state it is from & who taught it to you. The most inspired and crisp notes will win a prize. Title it as 'NOTE'.
9. The deadline for sending your recipes is December 7, 2010. Email the Recipe & Note to tradition@pritya.com.
10. To enhance the spirit of the Terra Madre day, come dressed in natural fabrics like cotton & silk, rather than synthetics. Green or earthy shades would be appreciated!
11. There are prizes for best preparations, best recipes, best notes, best dressed person & best online interactions (yes friends, if we want to harmonize the past & present, we must become internet savvy too. So pls make an effort to join us on facebook & emails.)
12. Selected recipes & notes will be posted along with your photograph on pedatha.com. A photographer at the venue will take pictures of the dish.
13. Kindly note that bringing a dish is compulsory to participate in this meeting. Its up to you whether you wish to send the recipe & note for the contests.

Email: tradition@pritya.com

For those who are not comfortable with the internet, do call in at any of the following nos.

PRITYA – 9444020011 | 9790910664

DUCHESS: 9841288631

Pritya

&

The Duchess Club

present

**The
Traditional
Connect**

*(a pot luck lunch of
traditional preparations)*

**Dec 10, 2010
Terra Madre Day**

www.pritya.com